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CRISIS SUPPORT

Medical Emergency

9-1-1

Mental Health Emergency

9-8-8

*This number will route you to the National Suicide Prevention Hotline

National Suicide Prevention Hotline

1-800-273-TALK(8255)

TTY 711-1-800-273-TALK(8255)

suicidepreventionlifeline.org

National Suicide Prevention Hotline Ayuda En Español

1-866-628-9454

Crisis Text Line

text HOME to 741741

text AYUDA to 741741 Español

<https://www.crisistextline.org>

Prevention of Youth Suicide

1-800-SUICIDE (784-2433)

text JASON to 741741

jasonfoundation.com

Trevor Project: LGBT Crisis Line

1-866-488-7386

text START to 678678

thetrevorproject.org

LGBT National Help Center

1-888-843-4564 National Hotline

1-800-246-7743 Youth Hotline

1-888-234-7242 Senior Hotline

<http://www.glbthotline.org>

Trans Lifeline

Voice: (877) 565-8860 in US

translifeline.org

Domestic Violence and Abuse Support

National Domestic Violence Hotline

1-800-799-SAFE (7233)
TTY 1-800-787-3224

Stronghearts Native Helpline

“Helpline for American Indians and Alaska Natives”
8am - 10pm
1-844-762-8483

National Network to End Domestic Violence

nnev.org

Prevent Child Abuse America

preventchildabuse.org

National Deaf Domestic Violence Hotline

Videophone: 1-855-812-1001
Email: nationaldeafhotline@adwas.org
ADWAS.org

General Resources

SAMHSA's National Helpline

1-800-662-HELP (4357)
TTY 1-800-487-4889
samhsa.gov

National Alliance on Mental Health (NAMI)

Mon- Fri 10am-6pm only
1-800-950-NAMI (6264)
text NAMI to 741-741

Mental Health America

Text “MHA” to 741-741